

RETIREMENT LIVING SEMINAR TO HELP SENIORS WITH THEIR CHOICES

BLOOMFIELD, CT, Oct. 26, 2009 – Older adults and the people who care about them can learn about options for active senior living at a seminar on Thursday, Nov. 12. Sponsored by Duncaster, the seminar will help participants look at their options for living life to the fullest after retirement. The seminar will be held in the Meeting Room at Duncaster on 40 Loeffler Rd., Bloomfield from 10:00 a.m. to noon.

This discussion of retirement living's benefits will cover: life style decisions, life care alternatives, financial options and long-term care insurance. A panel of current Duncaster residents will talk about what it's like to live in the community and be available for questions. In addition, Duncaster staff will also be on-hand to give tours of some of the community's apartments and amenities.

Valet parking and refreshments will be available. Reservations required. For reservations and information, call Fran at Duncaster, (860) 380-5006.

About Duncaster

Duncaster is Bloomfield's signature retirement community. Celebrating 25 years, this campus of 190 independent residences, assisted living and Duncaster's Caleb Hitchcock Health Center is designed to help residents live life to the fullest by providing security and fulfillment. The community includes an aquatic and fitness center and an on-site health clinic. Residents can participate in ongoing education, social and cultural programs. For more information, see www.duncaster.org or call (860) 380-5005.

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