

TIPS FOR MAKING A MOVE TO A RETIREMENT COMMUNITY IN A CHALLENGING REAL ESTATE MARKET

Panel to be sponsored by Duncaster on May 27

BLOOMFIELD, CT, May 6, 2010 -- Those considering a move to a retirement community will get tips on making that transition easier at a free seminar on Thursday, May 27. Presented by Duncaster Retirement Community, the panel discussion will feature tips on selling a home in a challenging real estate market; deciding what to move; learning how to send cherished possessions to others and how to de-clutter a home before a move.

The panel of experts will be presented at Duncaster Retirement Community, 40 Loeffler Road in Bloomfield from 10 a.m. to 12 noon. The panel's tips will be particularly helpful for those considering a move to a retirement community as well as their adult children. The panel will include:

Nancy Sprout, Duncaster's Move-in Coordinator who will offer tips on making the transition to a retirement community.

Phyllis Atkins-Berry, Sales and Marketing Specialist, Coldwell Banker Real Estate who will offer tips on determining the value of a home in today's challenging real estate market. She will also offer tips on staging a home for a quicker sale.

Tony Lupoli, Owner, Woodland Mover & Warehouse, Inc. who will offer packing and moving tips.

Jamie Selig, Owner, Central Street Antiques and Auctions who will help participants value their antiques.

Jason Wlochowski, Managing Director, Dutiful Daughters who will help with ideas on de-cluttering your life before a move and giving new life to cherished items through others.

Duncaster's annual moving assistance seminar is free and open to the public, but reservations are required. The morning will also include a tour a Duncaster apartment and its campus and refreshments. To register or for more information, contact Fran Kent at fkent@duncaster or 860-380-5006.

About Duncaster

Duncaster is Bloomfield's signature retirement community. Celebrating 25 years, this campus of 190 independent residences, assisted living and Duncaster's Caleb Hitchcock Health Center is designed to help residents live life to the fullest by providing security and fulfillment. The community includes an aquatic and fitness center and an on-site health clinic. Residents can participate in ongoing education, social and cultural programs. For more information, see www.duncaster.org or call (860) 380-5005.

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