

Duncaster Elects Three New Board Members

Bloomfield, CT, July 15, 2008 – Duncaster Lifecare Community recently elected three individuals to its Board of Directors. Duncaster's board consists of 19 members, three of whom are Duncaster residents. The newest members are George Kuchel, M.D., of Avon; Sondra King, of Glastonbury; and Mary Stoughton, president of the Duncaster Residents Association.

Dr. Kuchel is director of the UConn Center on Aging, chief of the Division of Geriatric Medicine and holds the Travelers Chair in Geriatrics and Gerontology at the University of Connecticut. Author of more than 100 scientific papers, including many on the influence of aging on the physiology of bladder control, Dr. Kuchel has a longstanding interest in community-based services for older adults with a particular emphasis on services that enhance independence and delay or prevent disability.

Ms. King served as director of Public Information for the Connecticut Association for Home Care, Inc. until her retirement in 2002 and still serves on the organization's Board of Directors. Prior to that, she was president of Middlesex Visiting Nurse and Home Health Services, Inc. She holds an M.P.H. in Health Services Administration from the Yale School of Public Health and Epidemiology.

Mrs. Stoughton is a Duncaster resident who has served as president of the Duncaster Residents Association since April 2008. Before her retirement, she was director of Christian Education at Christ Church Cathedral in Hartford and at St. James's Church in West Hartford. She also served as President of the Junior League of Hartford and on the boards of the Hartford Neighborhood Center, The Samaritans, Inc. and the Episcopal Society for the Increase of the Ministry.

About Duncaster

Duncaster is Bloomfield's signature life care retirement community. This campus of 190 independent residences, assisted living and Duncaster's Caleb Hitchcock Health Center is designed to help residents live fully. The community includes an aquatic

and fitness center and an on-site health clinic. Residents can participate in ongoing education, social and cultural programs. For more information, see www.duncaster.org or call (860) 380-5005.