

## FOR IMMEDIATE RELEASE

### DUNCASTER GATHERS LOCAL EXPERTS FOR SEMINAR & TIPS ON MAKING MOVING IN TODAY'S REAL ESTATE MARKET EASIER

*Helpful Tips for Moving Seminar Provides Informative Forum*  
on Thursday, July 24, 2008

**Bloomfield, CT -- July 18, 2008 --** No doubt about it, moving is a chore, and for anyone who has lived for years in a house that has seen children, grandchildren and the accumulation of furniture, mementos and memories, a game plan for making the transition to different digs can come to the rescue when decisions about moving and/or downsizing can be overwhelming. Deciding what to keep and what to discard, how to sell one's antiques, plus how to pack it all up and hire a moving company to move on to life's next adventure will be some of the topics discussed with a panel of experts at the Duncaster Lifecare Retirement Community, 40 Loeffler Road in Bloomfield on Thursday, July 24<sup>th</sup> from 10 a.m. to 12 noon. Particularly informative for seniors and their adult children, *Helpful Tips for Moving* will feature five local experts from every realm of the moving/downsizing process who will provide experienced perspective and share the tools needed to make the transition go smoothly:

**Phyllis Atkins-Berry of Coldwell Banker Real Estate** in West Hartford works with her clients to determine the value of their homes and helps them navigate the home selling process from attracting buyers to establishing a moving checklist, finding a moving service and more. She will also offer tips on staging your home to highlight its best features for a quicker sale.

**Tony Lupoli is President of Woodland Mover & Warehouse, Inc.** in Hartford. The company has been successfully moving families throughout the region for more than 25 years.

**Jamie Selig of Central Street Antiques and Auctions** in Windsor is an antiques and collectibles veteran who knows both their value and the special meaning they can hold for their owners. Central Street Antiques and Auctions was the 2008 recipient of the U.S. local Business Association's *Best of Windsor Award* in the antiques dealer category.

**Martha Sterrett, Duncaster's Move-in Coordinator**, has been welcoming newcomers to the Duncaster community and easing their transition to lifecare retirement living for ten years.

**Jason Wlochowski of family-owned Dutiful Daughters** in Manchester will talk about making transitions, whether it be with a home's contents, a simple move or the complicated settlement of an estate. His services deal with honest assessments of individual situations and needs, including careful, sensitive removal and transport of a home's contents or handling an estate sale or auction.

-- more --

*Duncaster Gathers Local Experts for Seminar & Tips on Making Moving in Today's Real Estate Market Easier; "Helpful Tips for Moving" to be Presented Thursday, July 24th, pg. 2 of 2*

The *Helpful Tips for Moving* Seminar is free and open to the public, and will include the opportunity to tour residents' apartments at the Duncaster community. Refreshments will also be served. Those interested in attending the seminar should RSVP to Fran at Duncaster, no later than July 21<sup>st</sup> by calling 860-380-5006, ext. 7121.

### **About Duncaster Lifecare Retirement Community**

Duncaster is Bloomfield's signature life care retirement community. This campus includes 190 independent residences, assisted living and the Caleb Hitchcock Health Center that is designed to provide a lifestyle of security and fulfillment. Aquatic and fitness center activities, ongoing education and a myriad of social and cultural programs energize and enrich residents' lives. For more information, see [www.duncaster.org](http://www.duncaster.org) or call (860) 380-5005.

---